



NEWS RELEASE

For Immediate Release:

Wednesday, November 15, 2000

FLU SHOT UPDATE

The Monroe County Health Department will conduct a public flu clinic on:

**Saturday, November 18, 2000
Monroe County Health Department
111 Westfall Road
9 a.m. – 2 p.m.**

Only “high-risk” individuals are eligible for a flu shot. High-risk groups include:

- People 65 and over
- People of any age with a chronic illness such as diabetes; weakened immune system; or heart, lung, kidney or HIV disease
- Health care workers who provide direct patient care
- Pregnant women who will be in their second or third trimester during flu season

The Health Department is also making flu vaccine available to local pediatricians for use in children with chronic health conditions. Additional public clinics will be scheduled over the coming weeks as more vaccine becomes available in the community.

Flu is a respiratory illness that is spread easily from person to person. Symptoms include rapid onset of fever, sore throat, muscle aches, chills and headache. Data gathered over the past 18 years indicates that the flu generally peaks between December-March. Approximately 20,000 people die from flu or its complications each year in the United States.

Residents may call a recorded information line for the most current information. The number is **274-6189**.

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For More Information, contact:

Communications and Special Events at 428-2380, or

Visit us on the web at www.co.monroe.ny.us

